| Men | Age | 100 m | 200m | 400m | 800 m | 1500m | Mile | 3k T\&F | Steeple | 3k Rd | 5k T\&F | 5k XC | 5k Rd | 8k XC | 10k Rd | Half-M | Full-M | other bests / notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bernier, Brian | 33 |  |  | 58.6 | 2:10 | 4:21 | 4:47 | 9:49 |  |  |  | 17:12 | 15:33 | 27:46 | 34:08 | 1:12:33. | 2:47:02 |  |
| Burningham, Landon | 31 | 11.49 | 22.11 | 48.43 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bye, Steve | 52 |  |  |  |  |  | 4:48.7 |  |  | 9:42.8 |  | 16:56.8 | 16:08.3 |  | 35:27 | 1:14:17 |  | 27:27 8k Rd |
| Davidson, Orion | 37 |  |  |  |  |  |  |  |  |  |  | 17:12 | 16:32 * |  | 36:26 |  |  |  |
| Harper, Billy | 39 |  |  |  | 1:58.80 | 3:55.15 | 4:08.90 | 8:26.91 | 9:35.12 |  | 14:29.70 | 15:39.8 |  | 23:52 |  |  | 3:04:35 |  |
| Hunt, Kym | 28 |  |  |  | 2:02.2 | 3:59.4 |  | 8:42 | 9:37.07 |  |  | 15:57.3 | 14:41 | 24:52 | 36:39.0 | 1:21:12 |  | 32:48 10k XC, 59:44 10M |
| Jeffers, Eric | 34 |  |  |  | 1:59.38 |  | 4:50.8 |  |  |  |  | 18:54.6 | 16:34.7 |  |  | 1:29:36 |  |  |
| Kaplan, Dan | 42 |  |  | 57.3 | 2:09.75 | 4:35.36 |  | 10:48.7 |  |  |  | 21:05 | 18:34 | 32:07 | 40:28 |  |  |  |
| Kollars, Steve | 55 |  |  |  |  | 4:40.88 | 5:11.51 | 10:24.49 | 11:25.22 | 10:27 |  | 18:44 | 17:42 |  | 38:10 | 1:24:45 | 3:01:54 | recent times only |
| Poole, Chris | 21 | 13.24 | 26.64 | 55.64 | 2:04.82 | 4:12.86 | 4:47 | 9:40.09 |  |  | 15:54.54 | 16:55 | 16:35 | 27:31.7 | 35:15 |  |  | off-season member |
| Robins, Mark | 42 |  |  |  |  |  | 5:11.99 | 10:40 |  |  |  | 17:12 | 17:47 |  | 35:31 | 1:18:32 | 2:53:59 | 29:55.0 8k Road |
| Sisley, Jonathan | 20 |  |  |  | 2:06.60 | 4:15.50 |  | 9:12.82 |  |  |  | 16:19.9 |  |  |  | 1:24:20 |  |  |
| Vieyra, Julio | 31 |  |  |  | 1:54.32 | 3:52.57 | 4:19.44 | 8:58.9 | 9:39.73 |  |  | 16:09 |  | 25:42.6 | 37:26.7 | 1:19:09 | 2:44:42 |  |
| Villarreal, Isaac | 28 |  |  |  |  |  | 5:13 | 10:38 |  |  | 18:01.3 | 17:43 |  |  | 36:13 | 1:21:54 | 3:04:18 |  |
| White, Devin | 25 |  |  |  | 2:08.6 | 4:13.71 |  | 8:52.16 |  |  | 16:26.60 | 16:13 | 15:47.4 | 25:52.8 | 34:47 | 1:30:40 |  |  |


| Women | Age | 100m | 200m | 400m | 800m | 1500m | Mile | 3k T\&F | Steeple | 3k Rd | 5k T\&F | 5k XC | 5k Rd | 6k XC | 10k Rd | Half-M | Full-M | other bests / notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Anderson, Morgan | 22 |  |  | 61.02 | 2:12.05 | 4:22.94 | 4:47.32 | 10:05.48 |  |  | 16:31.09 | 17:27.4 | 20:10 | 21:45.1 |  |  |  | off-season member |
| Desmarteau, Mandi | 19 |  | 35.64 | 72.4 | 2:36.58 | 5:12.50 | 7:43.6 | 11:20.36 |  |  |  | 20:14 | 19:42 |  | 43:48.1 |  |  |  |
| Kollars, Theresa | 56 |  |  |  |  |  | 6:14 |  |  | 12:11 |  | 22:11 | 20:34.6 |  | 44:33 | 1:39:10 |  | recent times only |
| Michels, Linsie | 27 | 13.3 | 26.9 | 58.54 | 2:08.20 | 4:28.42 | 4:53.82 | 10:22.17 |  | 10:03.9 |  | 17:50.3 | 18:06.2 |  | 38:36 |  |  |  |
| Robins, Stephanie | 31 |  |  |  |  |  | 6:01 |  |  |  |  | 21:33 | 19:49 |  | 42:42 | 1:39:10 |  | 35:55.3 8k Road |
| Wood, Alison | 42 | 12.6 | 26.4 | 57.3 | 2:37 | 5:34.1 |  |  |  |  |  |  |  |  | 52:30 | 1:43:57 |  | 5'7.25" HJ, 4875 pt De |

Marks in red indicate those achieved while representing VOQ Racing, or following formally training with the team.
Italicized names are people who live outside the immediate area, either temporarily or permanently.
Last Updated: Jul 03, 2016

* $=5 \mathrm{k}$ course was $20-30 \mathrm{sec}$ short.

Highlights \& Accomplishments:

- Billy Harper was a 13 -time State Champion for Junction City HS.
- Steve Kollars is a multiple-time Masters national champion.
- Linsie Michels placed 3rd in the 1500 m and 5 th in the 800 m at the 2013 NAIA Outdoor National Championships, and was a 5 -time State Champion for Cascade HS.
- Alison Wood was 2nd in the High Jump at the 2011 World Masters Championships and is a multiple-time Masters national champ, WOU All-American, and Newberg HS state champ.

